

VIRGINIA DEPARTMENT OF HEALTH OFFICIALS EXPAND INVESTIGATION OF POTENTIAL MEASLES EXPOSURES

Virginia Department of Health Working with District of Columbia and Maryland

(Leesburg, Va.)— Out of an abundance of caution, health officials are investigating potential exposures to a second person with measles in the National Capital Region. This effort expands the recent investigation of a measles case in late April 2014 in Loudoun and Fairfax Counties. The second case of measles was confirmed in a person who was a close contact of the first case. National Capital Region health officials are mounting a coordinated effort to identify people who may have been exposed to this second case.

New potential exposure sites and times have been identified. The exposures occurred between May 11 and May 15. The locations are in Fairfax, Loudoun and Arlington Counties, Virginia; Montgomery County, Maryland; and Washington, D.C. People who were at the locations listed below, at the times indicated, may have been exposed to the measles virus.

Listed below are the dates, times and locations:

Date	Location	Exposure Period	Jurisdiction
Sun., May 11	Palisades Farmer's Market (open air market) MacArthur Blvd & Chain Bridge Rd., Washington, DC	8 a.m.-12 noon	District of Columbia
Sun., May 11	Art Fair Outdoor (temporary market) Cordell Ave., Bethesda, MD	10:30 a.m.-1:50 p.m.	Montgomery
Sun., May 11	Prep Matters (Waiting room) 5001 Cordell Ave, Bethesda, MD	11:20 a.m.-2:30 p.m.	Montgomery
Sun., May 11	Farmer's Market Cordell Ave., Bethesda, MD	11:30 a.m.-5:30 p.m.	Montgomery
Mon., May 12	Starbucks 2407 Centreville Rd., Herndon, VA	7:10 a.m.-10:20 a.m.	Fairfax
Mon., May 12	South Riding Pediatrics and other businesses at 25055 Riding Plaza, South Riding, VA	8 a.m.-4:30 p.m.	Loudoun
Tues., May 13	South Riding Pediatrics and other businesses at 25055 Riding Plaza, South Riding, VA	8 a.m.-4:30 p.m.	Loudoun
Tues., May 13	Nysmith School for the Gifted 13625 Eds Dr., Herndon, VA	1:30 p.m.-5:30 p.m.	Fairfax
Wed., May 14	Lifetime Fitness (Athletic Club) 1757 Business Center Dr., Reston, VA	8:20 a.m.-12:45 p.m.	Fairfax
Wed., May 14	South Riding Pediatrics and other businesses at 25055 Riding Plaza, South Riding, VA	10:30 a.m.-4:30 p.m.	Loudoun
Wed., May 14	Whole Foods	1:45 p.m.-5 p.m.	Fairfax

	4501 Market Commons Dr., Fairfax, VA		
Wed., May 14	Nysmith School for the Gifted 13625 Eds Dr. Herndon, VA 20814	2:30 p.m.-5:30 p.m.	Fairfax
Wed., May 14	Bon Chon Chicken 13320 Franklin Farm Rd., Herndon, VA	2:45 p.m.-6 p.m.	Fairfax
Wed., May 14	Mother's Macaroons 2442 N. Harrison St., Arlington, VA	3:30 p.m.-6:40 p.m.	Arlington
Wed., May 14	Homemade Pizza 4514 Lee Hwy., Arlington, VA	3:45 p.m.-7 p.m.	Arlington
Wed., May 14	Arrow Wine & Cheese 4508 Lee Highway, Arlington, VA	3:50 p.m.-7 p.m.	Arlington
Thurs., May 15	CVS 1452 Chain Bridge Rd., McLean, VA	6:30 a.m.-9:40 a.m.	Fairfax
Thurs., May 15	Giant 1454 Chain Bridge Rd., McLean, VA	6:40 a.m.-9:50 a.m.	Fairfax
Thurs., May 15	Starbucks 1438 Chain Bridge Rd., McLean, VA	10:10 a.m.-1:15 p.m.	Fairfax
Thurs., May 15	McLean Medical Associates and other businesses at 6862 Elm St. McLean, VA	10:30 a.m.-1:50 p.m.	Fairfax

For individuals who were exposed at any of the above locations during the times specified:

- Preventive treatment may be available for those who were at the exposure sites **on May 15 only**. The preventive treatment is particularly important for high risk individuals (e.g., pregnant women, infants under the age of one, and immunosuppressed people). However, this preventive treatment must be administered today, May 21, to be effective. Please call **1-877-275-8343** as soon as possible to be assessed for exposure risk.
- If you have never received MMR vaccine, you may be at risk of measles. Monitor your health and if you notice symptoms of measles (see below), immediately isolate yourself in your home to limit your exposure to others and call your primary health care provider to discuss further care.
- Call ahead before going to the doctor's office or the emergency room and tell them that you were exposed to measles.

Measles is a highly contagious illness that is spread through coughing, sneezing, and contact with secretions from the nose, mouth, and throat of an infected individual. Measles symptoms usually appear in two stages. In the first stage, most people have a fever of greater than 101 degrees, runny nose, watery red eyes and a cough. The second stage begins around the third to seventh day when a rash begins to appear on the face and spreads over the entire body. Based on these dates of exposure, anyone infected with the measles virus may develop symptoms as late as June 5, 2014.

People who have received at least one dose of measles, mumps and rubella (MMR) vaccine in the past are at very low risk of being infected with measles from any of these exposures.

Measles is easily preventable through safe and effective MMR vaccine. The best protection against future measles cases is the on-time vaccination of all susceptible persons. Two doses are recommended for most individuals with the first dose given at age 12-15 months and the second prior to kindergarten entry (age 4-6 years).

Potentially exposed individuals with questions may call **1-877-275-8343**. For more information on measles, visit www.vdh.virginia.gov/Epidemiology/factsheets/Measles.htm.

For information about the first exposure investigation, see the news release at <http://www.vdh.virginia.gov/news/PressReleases/2014/050614Measles.htm>.

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For questions about the locations in Maryland and the District of Columbia:

District of Columbia: Najma Roberts: 202-724-7481

Montgomery County Health and Human Services: Mary Anderson: 240-777-6534 (office); 301-529-7669 (cell)